



## Competition Programme

This document provides a high level overview of the proposed competitive and recreational events for the 29th National Scout Regatta.

While no effort will be spared to run the events as outlined in this document, weather, time, resources or other factors may mean that changes are required. Briefings are intended to be held prior to each event and it will be important to listen carefully should there be any changes communicated.

If changes are required, please be patient with the regatta management team as they implement the changes and recognise that there may not be an opportunity for full scale debate or consultation on the changes before they take place. However, time will be found following, so any lessons learned can be taken on board. Last minute changes can be very difficult for all, we will do our best.

# Daily Leaders Meeting

The Regatta Organising Committee (ROC) will hold a Leaders Meeting each evening. This is an opportunity for Contingent Leaders to meet with members of the ROC to provide feedback on what is going well or to request changes. It is important that this meeting remain constructive and focused on improving what the youth experience for the remainder of the regatta.

In order to keep attendance at this meeting to a manageable level, the ROC will limit this to one leader per contingent who will then represent the contingent in the meeting and be responsible for taking information back to contingents.

The location of this meeting will be communicated to all contingent leaders, or their delegate, to attend the meeting but it's expected to be at a convenient location at the campsite. A communication tree is being created and all contingent leaders, or their delegate, will be invited in for meeting updates and important messages.

# Age Groups

All youth events (except for the camping Competition) will be run in Junior, Intermediate and Senior age group bands. The Camping Competition is a Contingent based effort.

The youth member age brackets shall be as per the table below, with ages as at 28 December 2024.

Age Bracket	Age Range in years
Junior	10 ½ to 13 ½ birthday between 28 June 2011 and 28 June 2014 inclusive
Intermediate	13 ½ to 15 ½ birthday between 28 June 2009 and 28 June 2011 inclusive
Senior	15 ½ to 18 ½ birthday from 28 June 2005 to 28 June 2009

Youth members will be able to move up an age Group but not down an age group. Youth will only be able to participate in one age group for each event (except for rowing coxswains), but do not need to stay in that age group for every event. Any changes to these rules will need specific approval of the Regatta Director prior to that member participating contrary to the above. It is recognised that situations may arise that consideration of variations to the above may be appropriate. This will be at the sole discretion of the Regatta Director. The intent is to provide a level playing field for all participants.

It is recommended that if a member moves up an age group, they do so for the whole regatta rather than just for one event. It will not be possible to guarantee that someone who moves up an age group for one event will be available for a different event in their 'actual' age group as the events may run concurrently.

## Open Age Group

The open age Group is intended for any youth, Rovers, adults, leaders, parents, staff who have not competed in the youth programme (this does not exclude those who have acted as safety person in youth events). It is not intended that anyone who has competed as a youth member will compete in Open events if they occur.

## Mixed Crews and Teams

The ROC is aware that there may be some Contingents who cannot field a full complement for all events in a particular age group. Alternatively Contingents may have too many members for one team but insufficient for a full second team. In these instances, the regatta team will do their best to pair individuals or part teams up so that they can take a full part in every event on offer as part of a mixed contingent team.

Please come to the evening leaders meeting each night knowing the number of 'extras' that you have that will be looking for a mixed contingent team for the following day's programme as published at that time.

## Teams - Identification

If you are entering more than one team in an event you will need to ensure that each team has a unique identity and that the team members know which team they belong to otherwise their points may get allocated to the wrong team. Points are Team based.

For ease of identifying Contingents entering multiple teams in sailing and rowing classes, the ROC has decided that rather than numbering successive teams, that all teams will be identified by way of a 5 letter team name, i.e. if Britannia enters 3 teams in junior rowing then they will be identified as Britannia Alpha, Britannia Bravo and Britannia Chart rather than Britannia 1,2 & 3. Please use only standard english words and each name has to be different enough for clear identification (no colours allowed). Each age needs a unique name too so two age groups can not use the same team name.

# Team Member Swapping

Once you have set a team for an event, it is expected that your team will remain constant for that event barring injury or sickness. That is, if you have two or more teams entered in an event, it is considered against the rules to swap team members between the teams or to substitute team members to try and gain a competitive advantage. Any exchange or substitution of members between teams must be approved by the Regatta Director (RD) prior to any changes.

To note: Team members can only be substituted by the absolute discretion of the Regatta Director, for exceptional circumstances.

# Event Registration

## Final Event Registration – Pre Regatta

Every person who attends – leaders, support and scouts need to be registered and paid up prior to arrival.

All adults attending 18+ must have a current Scouts NZ police vetting. No exceptions, they will not be allowed on site or to assist at events. Please do not leave it to the last minute. Check now.

Every attendee will receive an ID card and lanyard and these must be worn at all times. If not worn you may be stopped and asked to leave. It is for the safety of our youth that we must have this in place at all times.

In November an official event registration will occur for events where resources such as boats are required, this will ensure the regatta is sufficiently resourced. This is expected to only be for Sailing and Rowing events. You will be asked to reconfirm your entries at the leaders meeting on the first evening.

Minor changes at regatta should be able to be catered for, but any significant changes may require some compromise by your Group depending on the resources available as these resources have been set based on your Event Registration forms.

## Event Registration - at Regatta

For most events, with the exception of above, you will be required to reconfirm the entries for the following day at each of the leaders meetings in the evening. You will also be required to sign on and off the water / event for most events as the final part of event registration. This will

be vital part of our health and safety systems and it should be imparted on youth before and during regatta to ensure they always correctly sign on and off the water/site at every event.

## Competitive Regatta Events

### Rowing

The Rowing Programme:

- Heats and repechage for each age group may be run on different mornings. Please attend the briefings and note when your heat or repechage is.
- Some age groups may have other events on at the same time, every opportunity will be given to allow those team members to participate in each event but this may not always be the case.
- Finals for all age groups are intended to be run on the same (one) day.

#### **Heats, Repechage and Finals**

Heats will typically comprise four to six crews (depending on the number of crews in the age group). Composition of heats will be randomly drawn. The winner from each heat will go straight through to the Major Final. The remaining place getters will go into a repechage. Based on the places achieved in the repechage, remaining spots in the Major Finals will be filled, then places in the Plate and Bowl finals allocated accordingly.

#### **Coxswains**

It is expected that your coxswain can position their boat accurately and in a timely manner on the start line, maintain a straight course during a race and be able to take appropriate action to avoid a collision during a race should a competitor stray into their path.

In recognition that some groups may struggle to field a full crew complement for some age groups, you are given the freedom to choose a coxswain of any age group for each race (youth age groups only). The provision is that they are competent as noted above, and that over the course of all your Groups races you use the same number of coxswains from each age group as you have entries; i.e. if you enter 2 Junior, 1 intermediate and 1 senior crew, you will then use a total of 4 different coxswains, comprising 2 junior aged, 1 intermediate and 1 senior aged coxswain, but they can cox in any age group.

#### **Protests**

If you wish to protest, the coxswain must raise one hand immediately when the infringement occurs and maintain a raised hand until acknowledgement is received from a patrol boat. If this is not until after the race, you must sit clear of the finish line (clear of other boats finishing) with the coxswain's hand raised until your protest has been acknowledged by a Patrol Boat.

## Rowing Crew Sizes

Age Group	Rowers	Coxswain	Race Distance
Junior	6	1	500-750m
Intermediate	6	1	500-750m
Senior	4	1	750-1000m
Open	4	1	500-1000m

## Rowing Course Orientation

The course will generally be set with:

- the wind fore or aft, and
- racing either into or with the waves, and
- with the finish line set for best spectator viewing possible.

Factors such as weather conditions or time constraints may change how the course length or orientation is set on the day; i.e. strong head or tail winds may shorten or lengthen the course setting.

## Patrol Boats on rowing course

At no point will any patrol boats cross in front of the crews racing. The exceptions are:

- To signal a general recall; or
- A media boat may be filming. If this is the case all crews will be briefed prior to the start and the media boat will be positioned sufficient distance in front of the crews racing such that its wake will have no material impact on the race.

## Disqualifications

Typical infringements that may lead to a disqualification include:

- Failure to be on the line in time
- Failure to hold course during the race
- Failure to avoid a collision, even if you are the right of way boat
- Failure to stay clear of other boats finishing (i.e. finish and then turn to head for the beach across the face of finishing boats). To avoid this penalty, row clear of the line by 30 - 50m and then return to shore
- Failure to follow any instruction by the Patrol Boats
- Deliberate obstruction of or interference with other boats
- Safety person participating and/or influencing performance of the team

# Iron Scout

Iron scout, kayaking and swimming activities will be undertaken at the Titahi bay boating club using their ramp for access to the water. To minimize line bias the first mark for all events will be straight off the center of the ramp/start line.

## Team Composition

Each team will consist of 1 swimmer, 1 runner and 1 kayaker to undertake their designated leg.

Age Group	Team Size	Swim length	Run Length	Kayak length
Junior	3	50-100m	750m-1km	1km-2km
Intermediate	3	50-100m	1km	1km-2km
Senior	3	100-150m	1-1.5km	1km-2km

## Event Order

Leg	Discipline
One	Swim
Two	Run
Three	Canoe

- The start and finish line is on the boat ramp/shoreline and will be clearly identified during the briefing.
- The swimming legs will be a beach start and swimmers should have appropriate footwear that they can swim in during rocky low tide conditions. It will be compulsory to wear closed toe footwear for all iron scout legs.
- The running legs will be along Onepoto Road and a public gravel coastal walkway.
- The kayaking will be a rectangular course with the first buoy in front of the start area. Kayakers are to avoid any collisions, any passing must be well clear – the behind boat to ensure clearance. Penalties, including disqualification, may be imposed if any collision is deemed avoidable.

## Disqualifications

Typical infringements that may lead to disqualification include:

- Team members not tagging on handover
- Team member not wearing appropriate footwear.
- Kayakers not wearing life jackets properly – not done up or incorrect size

- Passing kayaker interfering/colliding with another kayak
- Swimmers missing buoys
- Any team member interfering with another team. Physical contact that hinders movement and freedom of participation.

## Sailing

Sailing will be conducted under the current Racing Rules of Sailing with amendments listed in the Competition Program and the Sailing Instructions. Should there be a conflict between the Competition Program, sailing instructions and any other documents the Sailing Instructions shall prevail. (this changes Rule 63.7)

Sailing events will be comprised of two Divisions:

- Dinghy – Sunburst or Feva
- Scout Standard Cutter

Gennakers can only be used by Senior Scouts in the Feva class

Helmets and lifejackets are compulsory for all crew and any safety crew member.

There will be trophies for each sailing class but there will only be National Regatta points allocated for each division - Cutter and Dinghy. A contingent can enter teams in both Sunburst and Feva class, per age group, and their best result in either class will go towards Regatta points.

### Sailing Crew Sizes

	Dinghy		Cutter		
Age Group	Min	Max	Min	Max	Safety
Junior	2	3	4	6	1 required
Intermediate	2	3	4	5	1 optional
Senior	2	2	3	5	1 optional
Open	2	2	3	5	1 optional

### Safety Crew Member

A safety crew member is required for Junior Cutter races and is optional for all other Cutter age groups. If present, the safety crew must take a hands-off role unless intervention is required for safety reasons including avoiding injury or collision. Thus, the safety crew should position

themselves to have ready access to the tiller or mainsheet, but not hamper or participate in the normal crew activities.

If a safety crew member is present on a Intermediate or Senior Cutter boat then that boat will not be eligible for National Regatta points for that race.

The safety crew member can coach verbally during the normal course of racing but must not take over the role of helmsman (they can instruct helmsman what to say but can't instruct crew on behalf of the helmsman). They must not physically handle any rigging or equipment in the boat except for safety intervention above (avoiding hitting a mark is not a safety intervention). If the patrol boats or judges deem this to be happening on board, penalties may be applied up to and including disqualification.

### **Sailing Course**

- The course will be laid to provide windward/leeward legs. Courses will be advised by flags and defined in the sailing instructions The procedures explained at briefing.
- Length of the course legs or number of laps required in each race may be adjusted to accommodate wind conditions. Refer to Sailing instructions for this procedure
- Race target time will be 20-40 minutes per race. Refer Sailing instructions for further details

### **Start Sequence**

#### **Starting procedure will be using Rule 26**

Each class will have its own start. We will use the following 5-min class start system for all sailing events. Starts will be advised by class flags and will be defined in the Sailing Instructions and explained at briefing.

- 10 min before the start of a sequence of starts: A single horn will sound, and an orange pole or flag will be displayed. (assemblage spell)
- 5 min before start: a single short horn will sound and the class flag will be Displayed
- 4 min before start: a single short horn will sound and prep flag will be Displayed
- 1 min before start: a single short horn will sound and prep flag will be Removed
- 0 min at start: one long horn will sound and the Class flag will be removed. For rolling starts the next class flag will be raised for the next class start.

The fleets waiting to start should be standing ready outside the start box. There will not be a 5 min assemblage spell between starts it is expected they will be ready to move in after the previous start. In the case of a general recall the restart will be at the end of a sequence of starts. Watch out for the flags.

## Race Sessions

It is intended that each race session will comprise of three back to back races. The number of laps will be notified by a flag displayed during your start sequence. This will be outlined at briefing and in the Sailing Instructions. You will need to check the flags on the start boat to confirm the number of laps for each race and the course to be sailed.

# Swimming

## Swimming Venue

Swimming will be undertaken as an ocean swim from Titahi Bay boating club ramp (same location as kayaking and Iron Scout).

## Swimming Events

The swimming will be beach start ocean swimming, undertaken as a four person relay for all age groups.

## Participation

Mixed teams will be made of any extra youth to ensure all youth have an opportunity to participate.

## Heats and finals

All races will be timed and depending on numbers as to semifinals and finals. Instructions will be given on the day as to how we record the team results.

Age Group	Team Size	Course Length
Junior	4	50-100m
Intermediate	4	100-150m
Senior	4	150-200m
Open	4	100-200m

# Kayaking

## Kayaking Team Sizes

Age Group	Team Size	Course Length
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Junior	4	200-300m
Intermediate	4	200-300m
Senior	4	300-500m
Open	4	200-400m

The kayak fleet will be the sit on top type with the exact model to be confirmed.

The start and finish will be at the beach/boat ramp of the beach start of in kayak start depending on tidal conditions. Race course will be a rectangle with the first mark centered from the start line to minimize line bias.

### Disqualifications

Typical infringements that may lead to disqualification include:

- Life jacket not worn properly – not done up properly or incorrect size.
- Interfering with another kayak by either an avoidable collision, pushing or hitting with a paddle or hands.
- Missing a marker.

## Seamanship (Includes Lifesaving)

Seamanship will comprise

- An on-the-water practical assessment. A marking schedule will be released for teams to practice. Knots will also be tested.
- A theory session - this will cover basic boating and navigational knowledge.

### Seamanship Team Sizes

	On shore		On water	
Age Group	Min Team Size	Max Team Size	Min Team Size	Max Team Size
Junior	4	6	6	8
Intermediate	4	6	6	8
Senior	4	6	4	6

You should only expect 1 team per Contingent will be able to enter per Age Group. The on-shore and on-water teams can be different team members.

## On-water Assessment

A team will be assessed on the skill and competency demonstrated as they:

- Board cutter from power boat correctly
- Raise anchor and set of rowing
- Rescue a crew member who falls overboard
- Treat the overboard crew member for hypothermia
- Return to shore while continuing to treat crew member and engage emergency services
- Row back to anchoring area and re anchor boat.

Points will be awarded for discipline and deducted for excess talking, missing steps, rough handling, etc.

All teams will be rowing. All boats may have masts.

## Theory Assessment

The theory assessment will take the form of a trivia-quiz. Questions will be drawn from information in the Scout YDP award scheme, the Scout Boat Book (2014), the Coastguard Day Skipper syllabus (for assessment of Seniors), and basic first aid.

## Rope Work

This is based on the knots found in the Coastguard Day Skipper Syllabus, the Scout award scheme and the Scout Boat Book (2014).

Each person in your team will need to know how to tie the appropriate knot, bend or hitch and also be aware of its use and limitations of its use.

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### Knots tested in Seamanship

Knot	Junior	Intermediate	Senior
Reef knot	Y	Y	Y
Figure of 8	Y	Y	Y
Clove hitch	Y	Y	Y
Bowline	Y	Y	Y
Rolling hitch		Y	Y
Timber hitch		Y	Y
Sheet bend		Y	Y
Anchor bend			Y

# Camping

The focus of the NR29 camping competition is around two key cornerstones:

- Health and Safety
- Pride and Stewardship

Thus the camping competition effectively runs from the time you are requested to submit your registration forms, as the timely and accurate provision of medical and dietary information is paramount to the Regatta Organising Committee (ROC) being able to plan for and manage a safe and fun regatta for all.

Typical factors being considered under the principal cornerstones of the camping completion are:

## **Health and Safety**

- Complete and accurate registration forms on site and accessible to leaders
- Demonstration and display of awareness around Covid-19 'good practices', ie hand sanitizing, scanning of QR codes
- Suitable first aid supplies and knowledge how to use them
- No food scraps to create odour and/or attract flies
- Demonstrable and accurate knowledge of the whereabouts of your Contingent
- Personal hygiene as demonstrated by how your Contingent manages tents and personal gear.

## **Pride and Stewardship**

- A clean and tidy campsite (no litter)
- Personal belongings being looked after – not left on the ground getting damp, dirty and being blown off site.
- How your tents are pitched (not the quality of the tents), it is about looking after the equipment and minimising the chances of damage, and maximising the shelter they give (i.e. that tents are not susceptible to being blown down in the middle of the night).
- Contingent identity

## **Latrine Duty**

A Facilities Cleaning Roster will be developed by the ROC Camp Officer. Each Contingent is likely to be assigned one or more portable toilets to look after and maintain in a clean manner. This will come under the camping assessment. It is vital that this task is taken seriously as poor hygiene in this area can have disastrous consequences for the health and wellbeing of the whole camp/regatta. Don't even contemplate sabotage of someone else's toilet to influence marks or for any other reason – the consequence will likely see you removed from the regatta.

### **Discretionary Points**

Discretionary points will be available.

### **Daily camping pennants**

Each evening there will be an award of pennants to recognise your daily efforts in the camping competition. These awards will come in six levels. They are based on Royal Navy ranks:

1. Midshipman
2. Lieutenant
3. Commander
4. Captain
5. Commodore
6. Rear Admiral

This will give you an indication on how you have been assessed each day.

There will be a camping standard presented at the final evening's prize giving. The camping Standard will recognise your effort across the duration of the camp.

### **Timing of Inspections**

There will be inspections each day.

The timing of the inspections will vary from day to day so that your spot assessment will cover a range of times.

There will typically be only one formal inspection per day. However, the judges may call back later in the day to see if standards have been maintained, dropped or improved, or may call by before the formal inspection. The judges will have the discretion to adjust your formal inspection scores based on what they see in their impromptu visits.

Judges will not enter your site with respect to the camping competition before 0700hrs or after 2100hrs.

## **Recreational Events**

There will be a range of recreational activities that will be available from time to time.

It is hoped that the events available each day will be advised the evening before.

And of course, you may just want some time out to relax and recharge the batteries. The school venue has a nice playground installation adjacent to the fields. This will be open to all - please treat the grounds, equipment and facilities with respect.



# Related Documents

These documents will come out at a later date;

Sailing rules and schedule

Shore base handbook

Camping Competition rules and marking schedule

Site description

Seamanship marking sheet